

SPORT LEVEL 3 EXTENDED DIPLOMA

WHERE CAN IT TAKE YOU?

Sports Management

Management in Sport requires a similar skill set to management in most sectors. BTEC progression into degree programmes based around Sports Law, Management, Business and Events create pathways across the industry.

Career Paths - Facility management, sports development, sports agent, event management, sports marketing.

PE Teacher

Careers in education; such as a (PE) teacher, will need QTS (Qualified Teacher Status) through a Bachelors Degree in Education, or a degree in a related topic, such as Sport and Exercise, followed by a PGCE.

Career Paths - Teaching, Lecturing, Tutoring.

Performance Analysis & Psychology

Both areas will require a degree in specific Sports-based degree, which can be accessed through a successful BTEC Sports qualification. Degrees therefore in Sports Psychology or Performance Analysis lead most directly to these roles, but could be accessed through a more generic Sports degree and a specialised Masters degree. Performance Analysis roles will almost certainly require experience via internships.

Career Paths - Sports performance analyst, sports psychologist.

Fitness & Strength Conditioning

The Level 3 BTEC Sports courses offer underpinning knowledge and experience to go alongside industry qualifications. Those following a fitness-based career often specialise in certain client groups. Some, such as strength and conditioning, may need a relevant degree.

Career Paths - Fitness instructor, Personal trainer, Strength and conditioning coach, PTI.

Medical & Health

Many careers in this field require a Degree or Masters Degree. After your BTEC course you may need a degree in Physiotherapy, Paramedic Practice or Human Dietary Advice. A degree in Sport Science can lead to more specific Masters pathways.

Career Paths - Weight management, dietitian, Paramedic, Physiotherapist, sports rehabilitation.

Sports Coaching & Officiating

As with the fitness sector, BTECs offer underpinning knowledge in this field. However careers in this area are often diverse, with most sports having their own qualifications from their National Governing Body. Gaining work experience in the area you wish to work would also be beneficial.

Career Paths - Amateur coaching, professional clubs. Local council schemes, community coaching, coach development,

FURTHER CAREER INFORMATION

These are just a small selection of the careers linked with a BTEC Sports qualification. Routes into these jobs often require university degrees, but may also be accessible through National Governing Bodies such as the RFU, LTA and FA.

Awarding bodies such as YMCA Awards offer access to fitness based careers. The uniformed services, such as Royal Navy and Police, offer opportunities in roles such as physiotherapists and PTIs as well and should be considered as possible employers.

Note that, to undertake an undergraduate degree in physiotherapy, the Extended Certificate in Sport and Exercise Science and/or an A level Biology are likely to be required.

SPORT LEVEL 3 EXTENDED DIPLOMA

WHAT TO EXPECT

What does the course involve?

The Pearson BTEC Level 3 National Extended Diploma in Sport is designed for students who are passionate about sport, and are enthusiastic to pursue a career in the sport or leisure industries. You will have many opportunities to develop your skills in a range of sports-related disciplines, including as a sports performer; an official; carrying out fitness testing procedures; the design and development of training programs; and the analysis of local sports provision.

As a course that provides experience across the breadth of skills required to pursue a career or further study in sport, you will consider the techniques, rules and tactics of selected sports. As well as this, as the course is set in a work-related context, you will prepare for, undertake, and reflect upon a work experience placement in the sports or leisure industry. Also, highly technical, the course considers numerous theoretical elements of Sport and Exercise Science, including:

- **Anatomy and Physiology:** in which you will explore core body systems essential to sport performance, including the skeletal, muscular, cardiovascular and respiratory systems
- **Fitness training and programming for health:** where you will consider fitness training and programming methods to improve a client's health and wellbeing
- **Professional development in the sports industry:** which develops the skills required for different career pathways in sports, including practical interview activities

- **Sports leadership:** which considers what makes good leadership and the skills or techniques necessary when leading activities in different roles

- **Investigating business in sport:** where you will discuss how business operates in the active leisure industry, including how it responds to trends and the needs of clients.

Can I take additional qualifications?

If you achieve high grades (grade 6 or above) in the majority of your GCSEs you may be able to study an A level subject alongside your BTEC Sport course. This is especially important for those aspiring to read for an undergraduate degree in Physiotherapy. Complementary subjects include, Applied Science; Biology; Business; Chemistry; Maths; Psychology; and Sociology.

How will I be assessed?

42% of the course is assessed externally, through an examination and three set tasks, completed under supervised conditions. The rest of the course is assessed internally, through the completion of on-going coursework units.

What are the costs?

All students on Sports courses at ONE are expected to purchase a College Polo T shirt, which costs approximately £23. However, it is recommended that students on the L3 Diploma course purchase our full kit, which is suitable for all-weather conditions. Further details can be found on the Web Shop.

What is the duration?

This is a two year course.

Entry Requirements

5 GCSEs Grade 9-4, including a Grade 4 in GCSE English Language; Mathematics; at least one Science (preferably Biology); and PE (if taken). If you have studied a BTEC First in Sport you will need to achieve a Merit and a minimum of a Level 2 Pass in externally assessed units.