

RESEARCH@one

Newsletter - No. 5

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“Research is formalized curiosity. It is poking and prying with a purpose” — Zora Neale Hurston

The Learning Scientists

Blog run by cognitive psychological scientists interested in research in education, attempting to make scientific research more accessible to students and teachers. Today's topic.

- *Pesky learning myths*

Debunking learning myths—complete a quiz to see how many of them you believe in. From left-brain, right-brain learners, to visual, audio, kinaesthetic, what is actually scientifically proven?

[Click](#) here for links.

- *Spaced practice in different subjects*

Subject-specific tips on how to integrate effective strategies into teaching—5 blog posts by teachers that focus on implementing spaced practice in one specific subject at a time—**English, Maths, Science, Modern Foreign Language and History**

[Click](#) here for links.



ONE Research Champions

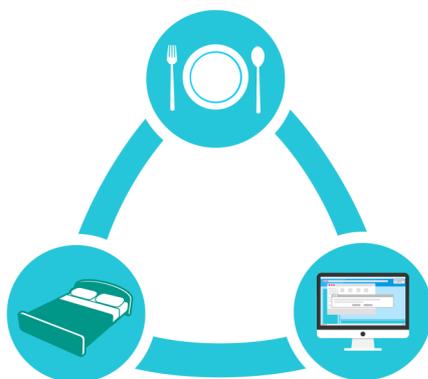
Introducing our Research Champions!

- Dave Robinson – *What is the impact of lifestyle choices on academic achievement?*

An individual's health can be seriously affected by their lifestyle choices. But could those same lifestyle choices affect a student's academic achievement, compared to their predicted grade? If personalised intervention strategies were put in place, would a student follow the strategy and would they obtain higher grades, or "just" better health?

My research is exploring precisely this. The investigation will focus on quality and quantity of sleep, whilst considering that many, but not all variables of a student's lifestyle are their own choice.

[Click](#) here for further information/updates about the project.



Impact

Impact is the termly journal of the Chartered College of Teaching, connecting research findings to classroom practice, with a focus on the interests and voices of teachers and educators. It supports the teaching community by promoting discussion around evidence within the classroom, and enabling teachers to share and reflect on their own use of research.

Notable articles in this term's edition:

- *Using assistive technology to give SEND learners independence*

Assistive technology bridges gaps and, more importantly, takes advantage of a learner's strengths without making it unfair to others.

Please [click](#) here for the full article.

